

We Are The Faces of

Black
Maternal
Health™

In the **US**...

**BLACK
WOMEN**

ARE **2-3X**

MORE LIKELY TO **DIE** during
pregnancy *and* childbirth
than **WHITE WOMEN**



ABC
Association of Black Cardiologists, Inc.
Saving the Hearts and Minds of a Diverse America

IN MEDIA PARTNERSHIP WITH

OWN

#FacesOfBlackMaternalHealth #ABCardio4Moms

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In the **US** ...

RISK FACTORS such as
OBESITY, PREECLAMPSIA,
AND **HIGH BLOOD PRESSURE**
are on the **RISE** in
women of color
of reproductive age



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In the **US**...

2 out of 3

people who experience

**preeclampsia and other
adverse pregnancy outcomes**

will die from

HEART DISEASE



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Black women with
pregnancy complications are

2X as likely to develop
STROKE and **HEART ATTACK**
and

4X as likely to experience
HIGH BLOOD PRESSURE

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High blood pressure

is more common in

Black people

*than in other racial AND
ethnic groups*

1 in 2 persons OLDER than
AGE 20 have
high blood pressure



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In the **US**...

60%

of pregnancy-related
deaths are
PREVENTABLE

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1 in **8** COUPLES are
impacted by **INFERTILITY**

BLACK PEOPLE are
2X as likely to be INFERTILE,
but **half as likely to
receive infertility
services**



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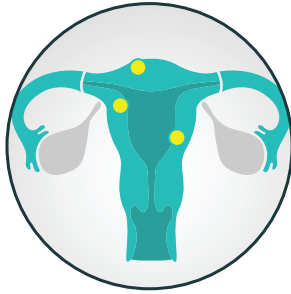
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FIBROIDS
are a cause of
INFERTILITY.

BLACK WOMEN are **3X** more likely
to be diagnosed with fibroids
than **WHITE WOMEN**

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Close to 1/3
of young adults with
high blood pressure
were born to mothers with
high blood pressure
during pregnancy

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CHILDREN BORN TO
**preeclamptic
women** have a
greater likelihood of
high blood pressure
and **obesity** putting them
at higher risk for **heart** and
brain disease as they age



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Despite greater awareness,
blood pressure control has
WORSENERD
in recent years

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THE HIGHER RISK faced by
Black women spans
income and educational level.

It is greatly driven by

PSYCHOSOCIAL STRESS

INCLUDING

RACISM



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BIRTHING PEOPLE

*who do not become pregnant
after fertility treatment*

may be at **GREATER RISK** of

heart *and* brain events later in life,
suggesting an opportunity to *stay mindful* and **CONSIDER** how
earlier identification *and* treatment for
cardiovascular disease
may impact one's **FUTURE**



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Maternal Health

ENCOMPASSES people
with *and* **without**
BIOLOGICAL children



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