

We Are The Faces of

Black
Maternal
Health™

#FacesOfBlackMaternalHealth #ABCardio4Moms

ABC
Association of Black Cardiologists, Inc.
Saving the Hearts and Minds of a Diverse America

In the **US** ...
**BLACK
WOMEN**

ARE **2-3X**

MORE LIKELY TO **DIE** during
pregnancy *and* childbirth
than **WHITE WOMEN**



IN MEDIA PARTNERSHIP WITH

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In the **US**...

RISK FACTORS
such as **OBESITY,**
PREECLAMPSIA, AND
HIGH BLOOD PRESSURE
are on the **RISE** in
women of color
of reproductive age

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In the **US**...

2 out of 3

people who experience

preeclampsia and other
**adverse pregnancy
outcomes**

will **die** from

HEART DISEASE

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Black women with
pregnancy complications
are
2X as likely to develop
STROKE and **HEART ATTACK**
and
4X as likely to experience
HIGH BLOOD PRESSURE

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High blood pressure

is more common in
Black people
than in other racial AND ethnic groups

1 in 2 persons OLDER than
AGE 20 have
high blood pressure

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In the **US** ...

60%

of pregnancy-related
deaths are

PREVENTABLE

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1 in **8** COUPLES are
impacted by **INFERTILITY**

BLACK PEOPLE are
2X as likely to be INFERTILE,
but **half as likely to
receive infertility
services**

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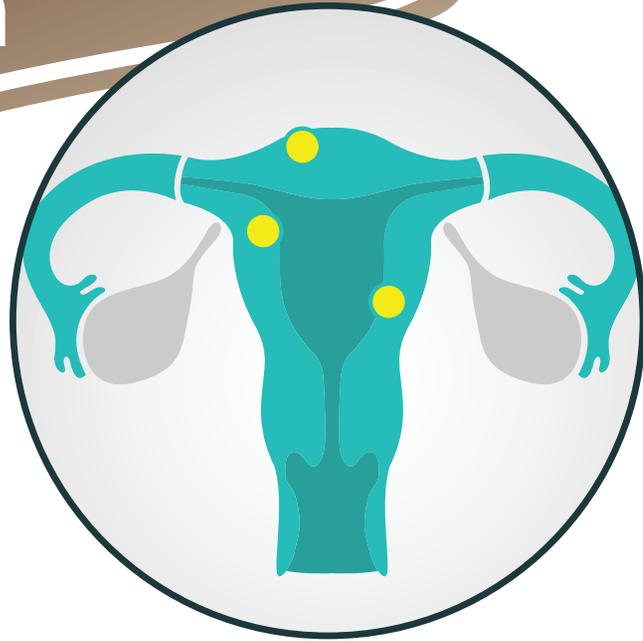
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FIBROIDS are
a cause of
INFERTILITY.

BLACK WOMEN are
3X more likely to be
diagnosed with fibroids
than **WHITE WOMEN**

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Close to **1/3**

of young adults with
high blood pressure

were born to mothers with
high blood pressure
during pregnancy

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CHILDREN BORN TO
**preeclamptic
women** have a
greater likelihood of
high blood pressure
and **obesity** putting them
at higher risk for **heart and
brain disease** as they age



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Despite greater awareness,
blood pressure control has
WORSENERD
in recent years

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THE HIGHER RISK faced by
Black women spans
income and educational level.

It is greatly driven by

PSYCHOSOCIAL STRESS

INCLUDING **RACISM**

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BIRTHING PEOPLE

*who do not become pregnant
after fertility treatment*

may be at **GREATER RISK** of

**heart and brain
events later in life,**

suggesting an opportunity to *stay mindful* and **CONSIDER** how

**earlier identification and
treatment for**

cardiovascular disease

may impact one's

FUTURE

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Maternal Health

ENCOMPASSES people

with *and* **without**

BIOLOGICAL children

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