We Are The Faces of Black Maternal Health

In the US...

**Maternal Health**
**ENCOMPASSES** people with and without **BIOLOGICAL** children

**RISK FACTORS**
such as **OBESITY, PREECLAMPSIA, AND HIGH BLOOD PRESSURE**
are on the **RISE** in **women of color** of reproductive age

**High blood pressure**
is more common in **Black people**
than in other racial AND ethnic groups

1 in 2 persons OLDER than **AGE 20** have high blood pressure

2 out of 3 people who experience **preeclampsia and other adverse pregnancy outcomes** will die from **HEART DISEASE**

**Black women** with pregnancy complications are
2X as likely to develop **STROKE** and **HEART ATTACK**
and 4X as likely to experience **HIGH BLOOD PRESSURE**

**Black women** are 2-3X MORE LIKELY TO DIE during pregnancy and childbirth than **WHITE WOMEN**

**Children born to preeclamptic women** have a greater likelihood of **high blood pressure** and obesity putting them at higher risk for **heart and brain disease** as they age

**Close to 1/3** of young adults with **high blood pressure** were born to **MOTHERS** with **high blood pressure during pregnancy**

**BIRTHING PEOPLE**
who do not become pregnant after fertility treatment may be at **GREATER RISK** of **heart and brain events** later in life, suggesting an opportunity to **stay mindful** and **consider how earlier identification** and **treatment** for **cardiovascular disease** may impact one’s **FUTURE**

Despite greater awareness, blood pressure control has **WORSENED** in recent years

**One in 8 COUPLES** are impacted by **INFERTILITY**

BLACK PEOPLE are **2X** as likely to be INFERTILE, half as likely to receive infertility services

BLACK WOMEN are **3X** more likely to be diagnosed with fibroids than **WHITE WOMEN**

**FIBROIDS** are a cause of **INFERTILITY**.

THE HIGHER RISK faced by **Black women** spans income and educational level. It is greatly driven by **PSYCHOSOCIAL STRESS** INCLUDING **RACISM**

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